

CROSSROADS BIBLE CHURCH

GROWTH GROUP CURRICULUM

February 17, 2019

"HEBREWS" - Week 3

For more information or to join a Growth Group, please visit our Growth Group page online at cbclife.org/groups or call the church office at 408.288.4115.

GETTING TO KNOW YOU

1. Looking back at your notes from this week's teaching, was there anything you heard for the first time or that caught your attention, challenged or confused you?

MY STORY

1. We've all had times when we started something off strong only to be tempted to quit when things got tough. What's something you were tempted to quit but are glad you didn't?

DIGGING DEEPER

1. For many of us it's easy to follow God when his way makes sense to us and aligns with our desires. Yet it can be just as easy to stop following God's way when it threatens our "freedom" to do what we want, believe what we want or live life our own way. This can cause us to veer off God's path and onto our own. The verses below highlight the dangers of following our own path, as well as the "freedom" of following God's. As you read these verses, how might they challenge the belief that following God means a loss of freedom?

Psalm 16:11; Psalm 19:7-9; Proverbs 5:1-14; Romans 6:19-23

DIGGING DEEPER (cont.)

2. Many times fear plays a big part in causing us to doubt God's plan. Nurturing fear and doubt can cause us to miss out on some incredible things. In the book of Numbers, we see the story of 12 leaders who were told to spy on Canaan, a land God was giving to the Israelites. As you read through Numbers 13:1-3, 17-33 and 14:20-23, how do you see fear take root and alter the plan God had for his people?

Numbers 13:1-3; Numbers 13:17-33; Numbers 14:20-23

- Where have you seen fear or anxiety cause people to doubt God or compromise their beliefs similar to the Israelites?
 - Can you think of any fears that seemed like giants at the time but ended up being much smaller?
3. There's hope in having a God who believes in us and went to great lengths to provide a path towards redemption. Read through the following verses and consider how our relationship with God is an unparalleled resource for rest in our lives.

Ephesians 2:1-7; Colossians 1:13-14; Galatians 4:4-7; Isaiah 40:31

TAKING IT HOME

1. If you are not in the habit of taking an intentional Sabbath, consider how you might incorporate this principle in your life.
2. Unplug! Turn your phone off and put in somewhere where you won't notice it.
3. For one day this week try not to look at a screen or monitor (apart from work).